June 2023

sun	mon	tue	wed	thu	fri	sat
28	29	30	31	1	2	3
	No School (Memorial Day)	No FFVP	Watermelon	Mango Slices		
4	5	6	7	8	9	10
		Heirloom Tomatoes	Cucumbers	Plums		
11	12	13	14	15	16	17
		Blueberries	Apple of the Month: <i>Empire</i>	Bok Choy		
18	19	20	21	22	23	24
	No School (Juneteenth)	No FFVP	Peaches	No FFVP		Summer!

Stone fruits are now in season stone fruits get their name from a big "pit" in the middle of the fruit that looks like a stone!

Peaches, plums, apricots, and cherries are a few examples of stone fruit. Can you think of any other fruits with a large pit in the middle?

Hint: check out the fruit featured on the menu June 1st!



All vegetables served with low-fat dip. Produce marked in green is locally-sourced. Menu is subject to availability.